

*11<sup>th</sup> Annual*  
***Atlantic Canada  
Cardiovascular  
Conference***

**April 20 – 22, 2006**



**World Trade & Convention Centre  
1800 Argyle Street, Halifax, NS**



*Presented by*  
**The Divisions of  
Cardiology and Cardiac Surgery**  
*In cooperation with*  
**Continuing Medical Education**

Dear Colleague,

Welcome to the 11th Annual Atlantic Canada Cardiovascular Conference. We are thrilled with both the program and the faculty which have been assembled to meet your learning needs. Your feedback at the conclusion of last year, as well as the ideas solicited by our notice card, has impacted significantly on the program content. The format has undergone some minor evolution, with small group sessions combined on Friday, the Chandler lectureship's move to prime time Friday, and a Saturday morning program designed to maintain group momentum. We have worked closely with our industry patrons to integrate and avoid duplication with the Clinical Conferences (also known as Symposia), and the primary program. The inaugural annual meeting of the specialist Atlantic Cardiovascular Society (ACS) will be held on Friday night in conjunction with our Conference.

As co-chairs, we would like to thank our organising committee, Dalhousie CME, our guest speakers, industry partners, and you, our registrants. We hope you enjoy ACCC 2006, and we look forward to your feedback for 2007.

A handwritten signature in black ink, appearing to read "Simon Jackson".

Simon Jackson  
Co-Chair, ACCC '06

A handwritten signature in black ink, appearing to read "Iqbal Bata".

Iqbal Bata  
Co-Chair, ACCC '06

## Thursday, April 20, 2006

### SATELLITE SYMPOSIA: INTEGRATED CLINICAL CONFERENCES

- 1300 – 1600     **Advanced Arrhythmia Symposium:**     Compass Room  
**Who to Refer for Device Therapy in 2006**     Casino Nova Scotia  
*for Cardiologists, Internists and Emergency Physicians*
- Lunch will be served from 1200 - 1300**
- Educational grant: Medtronic of Canada**
- 1830 – 2030     **Prevention of First Vascular Events**     WTCC, Port Royal C  
*for Primary Care Physicians, Community and  
Academic Specialists, CV Nurses and Nurse Practitioners*
- Buffet dinner will be served at 1800**

*Designated for 2.0 credit hours for MAINPRO-M1 of the College of Family Physicians of Canada, as a Section 1 accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and AMA Category 1 of the Physician's Recognition Award.*

**Educational grant: Merck Frosst Canada Ltd.**

*Additional information on symposia will be provided separately by the sponsoring companies*

## Friday, April 21, 2006

### SATELLITE SYMPOSIUM: INTEGRATED CLINICAL CONFERENCE

- 0700 – 0815     **Controversies in**     WTCC, Port Royal C2  
**Cardiovascular Medicine**  
*for Physicians and Other Health Professionals*
- Breakfast will be available from 0630**
- Educational grant: AstraZeneca Canada Inc.**
- Additional information on symposia will be provided separately by the sponsoring companies*
- 0745 – 0825     **Registration and Coffee**     Foyer, Port Royal Room
- 0825 – 0830     **Welcome and Opening Remarks**

### CHRONIC CORONARY ARTERY DISEASE

*Chair: Dr. Iqbal Bata*

- 0830 – 0900     **Identification, Risk Stratification, and Investigation of Ischemic Heart Disease**  
*Dr. E. Bruce Josephson*  
This session will examine clinical tools to recognize and appropriately investigate patients with suspected coronary artery disease. The potential role of new modalities including CRP and CT angiography will be addressed. Clear guidelines regarding the appropriate timing of referral will be suggested.
- 0900 – 0930     **Optimal Medical Therapy for Chronic IHD**  
*Dr. Eric W. Stone*  
Many choices of medications exist for the patients with chronic stable coronary disease. What is the optimal combination? This presentation will define the “must have” drugs, and separate from the “would strongly consider”, and “I’m not sure” treatments also available.
- 0930 – 1000     **Perioperative Risk Assessment in Non-cardiac Surgery**  
*Dr. P.J. Devereaux*  
We all send patients to surgeons for non-cardiac surgery. Who needs specialized investigation pre-operatively? Dr. Devereaux will present a practical approach to this common clinical problem, with guidelines as to whom to refer, and what testing need be done.
- 1000 – 1030     **Nutrition Break and Exhibits**

### SIMULTANEOUS CONFERENCES

*Three streams of presentations have been developed for family physicians, specialists, and nursing professionals. While we strongly encourage attendance in your discipline-specific stream, participants are welcome to attend part or all of any presentations.*

- Family Physicians**     **Office Recognition and Management of CHF**  
*Moderator: Dr. Simon Jackson*  
This very common clinical problem poses many difficulties, and has been repeatedly suggested for review. This moderated, case-based session will emphasize a practical “how to” approach combining clinical pearls and the use of emerging tools as presented by clinical experts in CHF.
- 1030 - 1050     **“I’m short of breath: Is this heart failure?”**  
*Dr. Miroslaw Rajda*  
Emphasize the clinical recognition and initial GP investigation of CHF.
- 1050 - 1120     **Office Pharmaco-therapy of Heart Failure: A Practical How To**  
*Dr. Nancy L. MacDonald*  
Emphasis on must have drugs, with overview of add-ons.
- 1120 - 1130     **Non-pharmacologic Therapy for Heart Failure: An overview**  
*Ms. Anna Svendsen*
- 1130 - 1200     **Who and When to Refer: Reversible Causes of Heart Failure**  
*Dr. Jonathan Howlett*  
An overview of conditions “not to miss” and how specialized clinics can help you manage these patients.

- 1200 - 1230 **Clinical Cases: Is this CHF? What would you do next?**  
*Dr. Simon D. Jackson*  
Apply the recently acquired knowledge to solve real clinical problems.
- Specialists* **Assessment and Management of LV Outflow Tract Obstruction**  
*Moderators: Dr. Catherine Kells / Dr. John A.P. Sullivan*
- 1030 - 1100 **Appropriate Investigation and Management of Symptomatic and Asymptomatic Severe Calcific Aortic Stenosis**  
*Dr. David J. Bewick*  
We all follow patients with severe AS. What investigations need to be done to ensure the patient is “asymptomatic”? What should be followed apart from the AV gradient? Can we predict who will become symptomatic? Once symptoms occur, are any other tests needed pre-catheterization?
- 1100 - 1130 **Management, Follow Up and Investigation of Moderate AS Secondary to Bicuspid Aortic Valve**  
*Dr. Catherine Kells*  
Bicuspid aortic valve disease is associated with a number of problems not as commonly encountered with senile AS. The issues of pregnancy, aortopathy, concomitant congenital disease and type of surgical intervention are unique to this population and will be reviewed.
- 1130 - 1230 **Symptomatic Hypertrophic Obstructive Cardiomyopathy: Treatment Options**  
*Dr. Michael P. Love/Dr. Bill Williams*  
Although less common than aortic valve disease, much has changed in the treatment of symptomatic hypertrophic cardiomyopathy. The appropriate recognition and risk stratification of the patient and family with respect to sudden death sets the foundation for a review of therapy. A medical/percutaneous approach will be compared/contrasted by the surgical options available for symptomatic HCM.
- CCCN*
- 1030 - 1110 **Idiopathic Dilated Cardiomyopathy: Diagnosis to Transplant**  
*Ms. Jill Yates / Ms. Kate Storm / Mr. Sean Grace*  
A case presentation and review of dilated cardiomyopathy will begin the session. Our patient will then provide a narrative describing his thoughts, feelings, fears and emotions as he progressed from initial diagnosis to successful transplantation. As nurses and physicians, we need to be aware of the tumultuous time this experience is for patients and their families.
- 1110 - 1150 **Plavix in ACS and Coronary Stents: When and For How Long**  
*Dr. Stephen Fort*  
This presentation will address the use of plavix in NSTEMI and STEMI. The impact of plavix on treatment outcomes, and in particular the need for combination anti-platelet therapy post stenting will be reviewed.

- 1150 - 1230 **Cardiovascular Hearts in Motion Program: Moving Cardiac Rehabilitation From a Tertiary Hospital Setting to Community Prevention.**  
*Ms. Wanda Firth / Dr. Nicholas Giacomantonio*
- 1230 – 1330 **Lunch and Exhibits**

#### DR. B.M. CHANDLER ANNUAL LECTURE

- 1330 - 1415 **The Evolution of Electrophysiology**  
*Dr. L. Brent Mitchell*  
In honour of Dr. Brian Chandler, each year we invite a distinguished Canadian clinician researcher to provide a broad, perspective overview of an area of clinical cardiology. We are honoured to have Dr. Mitchell, a graduate of the Dalhousie Cardiology Training Program under the direction of Dr. Chandler, as our 2006 Chandler Lecturer.

#### SIMULTANEOUS CONFERENCES

*Two streams of presentations have been developed: one for family physicians and nursing/allied health professionals and a second for specialists. While we strongly encourage attendance in your discipline-specific stream, participants are welcome to attend part or all of any presentations.*

#### *Family Physicians and Nursing*

- 1415 - 1530 **CONCURRENT SMALL GROUP SESSIONS**  
**Pre-registration is required for these case-based sessions.**  
Please complete your registration form carefully. Where choices are full, you may be assigned where space is available. All sessions in this set are repeated after the nutrition break.
- EKG Pearls: Commonly Misinterpreted EKG's in the ER or Inpatient**  
*Dr. Richard Townley*
  - Atrial Fibrillation: Optimal Management for the Family Physician**  
*Dr. Chris Simpson*
  - Palpitations and Syncope: How Do I Practically Investigate and Manage the Office Patient**  
*Dr. Ratika Parkash*
  - Cardiac Rehabilitation: Office Based (back by popular demand)**  
*Dr. Nicholas Giacomantonio/ Dr. Howard A. Wightman*
  - Physical Assessment and Management of PVD**  
*Dr. P. J. Devereaux/ Dr. Jeremy R. Wood*
  - Hypertension: Clinical Pearls and New Practices in 2006**  
*Dr. Adam Clarke/ Dr. Ross Feldman*
- 1530 - 1600 **Nutrition Break and Exhibits**
- 1600 - 1715 **Repeat above sessions**

*Specialists*

**Sub-Specialized Care in Cardiology: The Complementary Roles of Community Cardiology and Quaternary Clinics**

*Moderators: Dr. Martin J. Gardner/ Dr. Camille Hancock Friesen*

Many new and emerging sub-specialties in cardiology offer specialized clinics to assess, investigate and manage defined patient populations. The goals of the clinic, target patient population, and clinical/research services provided continue to evolve. This session has been designed to promote the ideal role of the sub-specialized clinic while concomitantly receiving feedback as to how best to share patient care responsibility, information, and resources with the primary cardiologist. Specific common clinical problems in each sub-specialty will be used to high-light shared concerns. It is hoped that the participant will improve their knowledge in defined areas, understanding of how to access services, while the presenters become aware of any clinic concerns.

1415 - 1455

**AF “Clinic”**

*Dr. Martin J. Gardner*

Which patients with AF need an electrophysiologist and when should they be seen. What should I need to do before making a referral? What is the role of ablation?

1455 - 1530

**Adult Congenital Heart Disease Clinic**

*Dr. Catherine Kells*

There are 100's or 1000's of patients with significant congenital heart disease lost to follow up...where are they? Which “repaired” congenital patients need specialised follow up? The evolving role of interventional therapies and well as new medical therapy for patients with Eisenmenger syndrome will be reviewed.

1530 - 1600

**Nutrition Break and Exhibits**

1600 - 1640

**Transplantation: Who to Refer When?**

*Dr. Jonathan Howlett*

We continue to be net exporters of hearts from Atlantic Canada. Are we missing the ideal patient? The current indications for transplant and status of our Maritime program will be reviewed. What about follow up problems? How can we best share the care of these complicated patients?

1640 - 1715

**Coronary CT Imaging**

*Dr. Alan Brydie*

The evolution of the CT scanner has allowed for detailed imaging of the heart, including the coronary arteries. Is this technique ready for prime time use? Dr. Brydie will overview the procedure, its pitfalls and how we may use this resource intelligently.

**SATELLITE SYMPOSIUM: INTEGRATED CLINICAL CONFERENCE**

1730 - 1900

**“So Many Risk Factors, So Little Time: WTCC Port Royal C Improving Health Outcomes In Clinical Practice”**

*a workshop for Specialists, General Practitioners, and Nurses*

**Dinner to follow**

*Designated for 1.5 credit hours for MAINPRO-M1 of the College of Family Physicians of Canada, as a Section 1 accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and AMA Category 1 of the Physician's Recognition Award.*

**Educational grant: Pfizer Canada Inc.**

Additional information on symposia will be provided separately by the sponsoring companies

1900 - 2000

**Atlantic Cardiovascular Society First Annual General Meeting**

*Saturday, April 22, 2006*

0730 - 0830

**Breakfast in Exhibit Area**

**HOT TOPICS/CURRENT CONTROVERSIES**

*Chair: Dr. Jafna L. Cox*

0830 - 0900

**When (if ever) Should We (try to) Raise HDL?**

*Dr. Lawrence Title*

0900 - 0930

**Is An ARB Ever Better Than An ACEi in Cardiovascular Disease?**

*Dr. P.J. Devereaux*

0930 - 1000

**Chronic CAD: When PCI is Better!**

*Dr. Blair O'Neill*

1000 - 1030

**Chronic CAD: When Surgery is Better!**

*Dr. Gregory Hirsch*

1030 - 1100

**Nutrition Break and Exhibits**

1100 - 1230

**Clinical Trials Update: Does This Trial Change Your Practice?**

*Dr. Patrick C. Bergin / Dr. Farokh R. Buhariwalla / Dr. Michael J. Fleming / Dr. Ata-Ur-Rehman Quraishi*

Each trial will be briefly and factually presented. A panel of community and academic family physicians and internists will provide their personal assessment, addressing the question: “Does this trial change my practice today...or tomorrow”.

1230

**Closing Remarks**

## REGISTRATION INFORMATION

Register by mail or fax (fax only if paying by VISA or MASTERCARD). Please do not mail duplicates of faxed credit card registrations. We are unable to take registrations by phone or email. Confirmation of registration will be provided by email only. Payment (cash, cheque, or credit card information) must accompany registration form. This applies to institutional as well as individual payments. Receipts will be included in the conference package.

<b>Conference</b>	Friday and Saturday	Friday Only
Postmarked or faxed with credit card information: <i>on or before April 6</i>		
Physicians	\$346	\$239
Other Health Professionals	\$138	\$96
Dalhousie Medicine Faculty, Residents, MD Students <sup>1</sup> , and Full-Time Students in other health professions	\$85	\$60
<i>after April 6</i>		
Physicians	\$371	\$264
Other Health Professionals	\$148	\$106
Dalhousie Medicine Faculty, Residents, MD Students <sup>1</sup> , and Full-Time Students in other health professions	\$95	\$70

<sup>1</sup> *The Dalhousie Medical Alumni Association has provided support that enables a limited number of Dalhousie MD students to register at 50% of these rates. You must preregister: after April 17, the advertised fees will apply.*

Non-Dalhousie Residents 50% of above physician rates  
Fees apply to individuals and may not be shared. Registration fees are income tax deductible. A full refund less an administration fee of \$50.00 will be made for written cancellations received by April 17. No refunds will be made after that date.

Dalhousie University reserves the right to cancel the course unless sufficient paid registrations have been received 10 days before the course. (Those who have preregistered will be notified by email or telephone.)

## STUDY CREDITS

As an accredited provider, Dalhousie University Continuing Medical Education designates this program up to 10.25 credit hours for MAINPRO-M1 of the College of Family Physicians of Canada and reciprocally, for the American Academy of Family Physicians and AMA Category 1 of the Physician's Recognition Award.

This event is a Section 1 accredited group learning activity as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada.

## ACCOMMODATION & PARKING

The Prince George Hotel has reserved rooms for this course at the special rate of \$149.00 single or double occupancy. Reservations may be made by calling the hotel at (902) 425-1986 or fax (902) 429-6048. These rooms will be released for general sale after March 31, 2006. Please indicate that you are attending the Dalhousie CME Atlantic Canada Cardiovascular Conference to obtain the special rate.

A rate of \$9.00 + tax per day has been arranged for local course participants parking at the Prince George Hotel on April 21 and 22, 2006 (subject to availability).

## PLANNING COMMITTEE

Dr. Iqbal Bata (Co-Chair)  
Division of Cardiology  
Dr. Patrick Bergin  
Internal Medicine, Charlottetown PE  
Dr. Adam Clarke  
Cardiologist, Kentville NS  
Dr. Michael Fleming  
Continuing Medical Education  
Dr. Gregory Hirsch  
Division of Cardiac Surgery  
Dr. Jonathan Howlett  
Division of Cardiology  
Dr. Simon Jackson (Co-Chair)  
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Nova Scotia Rehabilitation Centre  
Ms. Eileen MacDougall  
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Dr. Ricardo Machado  
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Porter's Lake, NS  
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Division of Cardiology  
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Family Physician, Halifax, NS  
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Division of Cardiology  
Memorial University of Newfoundland  
Ms. Jill Yates  
Canadian Council of  
Cardiovascular Nurses  
Ms. Bev Zwicker  
Division of Continuing Pharmacy  
Education

## FACULTY

*Speakers have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.*

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Nicholas Giacomantonio, MD  
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Mr. Sean Grace  
Transplant Recipient

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Simon Jackson, MD  
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E. Bruce Josephson, MD  
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Michael P. Love, MD  
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## ***EDUCATIONAL GRANTS\****

### **Patrons**

Astra Zeneca Canada Inc.  
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Merck Frosst Canada Limited  
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### **Contributors**

Schering Canada

*In keeping with CMA Guidelines, program content and selection of speakers are the responsibility of Continuing Medical Education and the planning committee. Support is directed toward the costs of the course and not to individual speakers.*

## ***EXHIBITORS\****

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*\* as of time of printing*

## ***Program Patrons***



## Concurrent Session Registration

### Friday 1415 – 1530

\_\_\_\_\_ Specialist session: “Sub-specialized care in cardiology: the complementary roles of community cardiology and quaternary clinics”

OR

\_\_\_\_\_ Family physicians and other health professionals small group session. Please rank the sessions in your order of preference. Where choices are full or not indicated, you will be assigned where space is available.

#### Rank (1-6)

- a. \_\_\_\_\_ EKG Pearls: Commonly Misinterpreted EKG’s in the ER or Inpatient
- b. \_\_\_\_\_ Atrial Fibrillation: Optimal Management for the Family Physician
- c. \_\_\_\_\_ Palpitations and Syncope: How Do I Practically Investigate and Manage the Office Patient
- d. \_\_\_\_\_ Cardiac Rehabilitation: Office Based
- e. \_\_\_\_\_ Physical Assessment and Management of PVD
- f. \_\_\_\_\_ Hypertension: Clinical Pearls and New Practices in 2006

### Friday 1600 – 1715

\_\_\_\_\_ Specialist session continued

OR

\_\_\_\_\_ Small group sessions:

#### Rank (1-6)

- a. \_\_\_\_\_ EKG Pearls: Commonly Misinterpreted EKG’s in the ER or Inpatient
- b. \_\_\_\_\_ Atrial Fibrillation: Optimal Management for the Family Physician
- c. \_\_\_\_\_ Palpitations and Syncope: How Do I Practically Investigate and Manage the Office Patient
- d. \_\_\_\_\_ Cardiac Rehabilitation: Office Based
- e. \_\_\_\_\_ Physical Assessment and Management of PVD
- f. \_\_\_\_\_ Hypertension: Clinical Pearls and New Practices in 2006

## 11<sup>th</sup> ANNUAL ATLANTIC CANADA CARDIOVASCULAR CONFERENCE

*A complete and accurate mailing address is required for your income tax receipt.*

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ please print  
 Tel: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

**Note: confirmation of registration will be provided by email only.**

Family Physician     Specialist: \_\_\_\_\_ specialty  
 Other Health Professional: \_\_\_\_\_ indicate and if applicable

F.O.M. Faculty     Resident  
 Student: \_\_\_\_\_ Program

Registering for:  
 Friday and Saturday     Friday only

**Return to:** Continuing Medical Education, C106, Clinical Research Centre, 5849 University Avenue, Halifax, NS B3H 4H7

Fax: (902) 494-1479 (only if paying by VISA or MasterCard)  
 Please do not mail duplicates of faxed credit card registrations

**Fees apply to individuals and may not be shared.**  
*Please circle applicable fee.*

Postmarked or faxed with credit card information:

Physicians	\$346	Friday and Saturday	Friday Only
Other Health Professionals	\$138	<i>on or before April 6</i>	
Dalhousie Medicine Faculty, Residents, MD Students, and Full-Time Students in other health professions	\$85	\$239	
		\$96	
		\$60	

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		\$106	
		\$95	
		\$70	

*The DMAA subsidizes a limited number of Dalhousie MD students to 50% of these rates. You must preregister: after April 17, the advertised fees will apply.*

Non-Dalhousie Residents    50% of above physician rates

**Payment (cash, cheque, or credit card information) must accompany registration form.** This applies to institutional as well as individual payments. Cheques payable to Dalhousie Continuing Medical Education. Please do not send post-dated cheques.

VISA     MasterCard  
 Card No.: \_\_\_\_\_ Exp Date: \_\_\_\_\_  
 Cardholder's Name: \_\_\_\_\_ please print  
 Authorized Signature: \_\_\_\_\_